

# LEG 7

## 4.9 miles - Moderate

This leg travels from the Truckee River up to and through the Glenshire neighborhood east of Truckee and back to the Truckee River.

- a.. Proceed south on Hirschdale Road, crossing over the river and under Interstate 80, running WITH traffic for about 0.5 mi
- b.. Veer right on Glenshire Drive, running up the hill, and stay on Glenshire Drive passing through the Glenshire subdivision, running WITH traffic the entire way
- c.. Cross the bridge over the Truckee River and stop at the exchange point on the other side of the river

